

Setting Goals

We often have visions for our future, but we sometimes forget to think about how we will get there. This is an opportunity to think about any personal and/or academic goals you have and to consider what it might take to achieve them.

Where do you see yourself in 10 years?

What are you hoping to achieve this year to help you move in that direction?

Look at what you just wrote. What smaller goal(s) can you set to help you achieve your goal for this year? (Need help? Check out the back of this sheet.)

Choose one of your goals above and make it SMART:

Specific	What exactly do you want to happen? Get detailed.	
Measurable	I will know I achieved this when.... (Think proof.)	
Attainable	With hard work, is it possible to achieve my goal by the end of this year?	
Realistic/Relevant	My goal is important enough to me to put a plan into action. I will follow this specific plan to achieve my goal:	
Time Bound	I will reach my goal by:	

Possible academic goals for the year:

- Maintaining or improving your GPA
- Participating in extracurricular activities
- Preparing for SAT & ACT testing
- Passing various AIR tests
- Getting a certain grade in a certain subject area
- Getting organized
- Turning in all work (on time)
- Read x amount of books
- Get accepted to National Honor Society
- Get accepted to EXCEL TECC

Possible non-academic goals:

- Taking a class in a new subject or joining a new club or sport
- Meeting new people to broaden your friend circle and learning how to interact with a more diverse group
- Making a team
- Finding a part-time job to build your skills and make a little extra money
- Buy a car
- Spend less time on social media
- Do volunteer work
- Learn a new skill (juggling, yoga, makeup, etc.)
- Get better quality sleep